

Breast Feeding Adopted Babies

Not only is breast feeding an adopted baby easy, the chances are that you will produce a large amount of milk. It isn't complicated to do, although it is different than breast feeding a baby you have been pregnant with for 9 months.

Breast feeding and milk

There are two objectives that are involved in breast feeding an adopted baby. The first is getting your baby to breast feed, and the other is producing enough breast milk.

There is more to breast feeding than just milk, which is why many mothers are happy to feed without expecting to produce milk in the way the baby needs. It's the closeness and the bond breast feeding provides that many mothers look for.

Taking the breast

Even though many feel the early introduction of bottles may interfere with breast feeding, the early introduction of artificial nipples can interfere a great deal. The sooner you can get the baby to the breast after birth, the better things will be.

Babies will however, require the flow from the breast in order to stay attached and continue to suck, especially if they are used to getting flow from a bottle or other method of feeding.

Producing breast milk

As soon as you have an adopted baby in sight, contact a lactation clinic and start getting your milk supply ready. Keep in mind, you may never produce a full milk supply for your baby, although it may happen. You should never feel discouraged by what you may be pumping before the baby, as a pump is never quite as good at extracting milk as a baby

who is well latched and sucking.

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