

**Title:**

How to cure Agoraphobia

**Word Count:**

472

**Summary:**

Agoraphobia is a mental disorder that causes many people to be unable to go outside and interact with society. Doctors have found a promising treatment for agoraphobic. The problem is it is illegal.

**Keywords:**

Society, social disorder, agoraphobia, health, mental health, behavior problems,

**Article Body:**

Many people in the world have a disorder known as agoraphobia. This disorder brings on extremely strong panic attacks when in crowded places. Most agoraphobics eventually wind up trapped in bed or institutionalized.

The definition for agoraphobia is an anxiety disorder. The main manifestation of the disorder is a fear of having an embarrassing situation that the person can not escape from

Someone with Agoraphobia will sometimes have panic attacks when they are in a situation where they feel trapped, uncomfortable or when they are not in control or are too far away from their comfort zone, which are usually their homes. In extreme cases an agoraphobic may only be able to exist in only a room or two of their own home and may even become unable to get out of bed.

Sufferers of Agoraphobia are often overly sensitive to bodily sensations and over react to everyday occurrences, like climbing a flight of stairs. The effort it takes to climb stairs can cause a full blown panic attack, because their hart rate rises as does their breathing. The sufferer may see this is the onset of an attack and actually causes the attack to start, instead of seeing it as a natural reaction to climbing stairs.

With the invention of the internet many agoraphobics have found they are able to have contact with the world while still at home in their "safe place" and one thing that many agoraphobics have in common is that many of them enjoyed being able to gamble with other people in online casinos.

Many doctors feel that online casinos is a great form of therapy for people suffering from agoraphobia because they can interacts with several people at the

same time, and it gives them the ability to interact and be relaxed at the same time and in many cases the agoraphobic has been able to lessen their fears and eventually leave their home with the goal of eventually getting to a real casino with other people.

But after October of 2006 when president George Bush Signed the Unlawful internet gambling ban into law he took away the best form of therapy doctors have found to help Agoraphobics re-enter society.

Doctors found that in games like poker and blackjack where the player's game depends on the moves of the other players; have a tendency to be better for patients rather than on online roulette or craps game, where you can easily have no interaction with other players.

The interaction is healthy because the agoraphobic is not concentration on themselves they are actually concentration on the game and the other layers moves. For a sufferer of this disorder this is a huge step in being able to re-enter society, but unless the online casino ban is overturned doctors will have to find other ways of helping their patients.