

Title:

A Guide to Choosing Sunglasses

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Summary:

Some tips to choosing quality sunglasses. Being educated by what makes a quality pair of sunglasses is very important when you are searching for your next pair of sunglasses. Keep these tips in mind when you are browsing.

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Article Body:

A Guide to Choosing Sunglasses

Sunglasses are one of the ultimate fashion accessories. They are great in helping you to create your own unique image. What exact style you choose really depends on your personal taste, age and the shape of your face. Yet, not matter what style of sunglasses you are thinking of buying, it is important that you end up choosing the best possible quality pair.

Some tips to choosing quality sunglasses are provided below. Being educated by what makes a quality pair of sunglasses is very important when you are searching for your next pair of sunglasses. Keep these tips in mind when you are browsing.

Protection from UV

One major contributor to eye disease is ultraviolet radiation. This is why it is important to choose a pair of sunglasses that protect you from the harmful effect of UV. Just because your glasses have a dark tint doesn't mean that you are protect from UV. Make sure you check the sunglasses UV rating.

What the Sunglasses Are Made From

Generally speaking the heavier the sunglasses the higher quality they will be. You want to ensure that the material that they are made from will last a long time and be able to resist the constant knocks that sunglasses typically take.

Different Tints

Tints are the colors that are applied to sunglasses lenses to help reduce the light that makes contact with the eyes. The particular tint you choose is up to your personal taste. However, different tints will have a different effect on the perceived brightness and glare, and will distort color differently.

As an example, gray tints reduce glare and don't distort the color. On the other hand, yellows lens will distort color but sharpen your perceived view.

To Polarize or Not to Polarize?

Sunglasses that are polarized will reduce the glare of the light which bounces off roads and water. They are typically preferred by people who drive a lot during the day or boat on the water. If you work or play near a lot of flat surfaces you may wish to investigate using polarized sunglasses.