

Can Autism be Cured

This is a question that every parent of an Autistic child will ask at some point. The answer is no. There is no cure for Autism. While you may see ads for books, or products that promise a cure for Autism, they are misleading you. Autism has no cure. There are lots of treatments that can make living with Autism easier.

Here are some of the treatments that help with Autism.

Therapies

There are several types of therapies that can help with the treatment of Autism. Occupational, physical, behavioral, speech, music, sensory, drug, play, and many other types of therapy can make a big difference in the life of an Autistic child. The therapies will not cure your child's Autism. They will just help teach them different ways of coping with it.

Alternative Treatments

Natural and alternative treatments are on the rise. These can include the use of herbs instead of prescription medications. The herbs do not have the side effects found in traditional medicines. Vitamin and mineral supplements are being found to help in treating Autism. Always notify the doctor of any natural products you are using with your child. Some herbs can have interactions with prescription medications. Remember again these herbs and vitamins are not cures. They are just to help with some of the symptoms of Autism.

Nutritional Methods

Some people turn to the diet when treating Autism. They eliminate certain foods that could cause sensitivities. Some of the foods they remove from the diet are Gluten, dairy, and artificial dyes. The idea behind this method is that removing the foods that cause sensitivities will remove the behavior problems. You can have your child tested for food allergies. Ask your child's doctor about allergy testing. This will let you know if your child could be having behaviors due to a food allergy. It will also give you an idea of which foods to eliminate from their diet.

There is no cure for Autism, but there are lots of treatments that can help with some of the symptoms. When trying a new treatment only try one at a time. This will let you know if it is helping or not. Allow enough time for the treatment to work. Usually two or three months is enough time to tell if a new treatment is working. There will be no miracle treatments that give immediate results. If

you are using a herbal or vitamin treatment inform the doctor. They need to be aware of the things you are trying. Herbs and vitamins can cause reactions with other medicines. It is important that the treatment team be kept informed and on the same page. This will make your child's outcome a more positive one.

Do not waste your money on products that claim to cure Autism. If there was a cure available it would be told to you by your doctor, instead of some guy on a late night infomercial. Continue to help your child by treating the symptoms of Autism. This will help your child have a better life.