

## Planning a Vegetarian New Years Eve Party

If you are already in the process of planning a New Years Eve party you might want to consider making the event a vegetarian event. There are a number of reasons why you might want to plan a vegetarian New Years Eve party. This article will take a look at some of these reasons and will also examine some of the unique aspects of planning a vegetarian New Years Eve party to assist hosts who plan to throw this type of event in planning a successful party.

One of the most popular reasons a host might decide to host a vegetarian event is because she herself is a vegetarian and she wants to share some of her favorite recipes with her friends even if they are not all vegetarians. Although a vegetarian may also opt to serve both vegetarian and meat based items at the party and simply not consume any meat herself, when she opts to exclude meat from the party it is usually for the purpose of sharing something that is important to her with her guests.

Another reason a host might opt to throw a vegetarian New Years Eve party is to save money on the costs of food. Hosting a party, especially for a large number of people can be quite expensive especially if you plan to serve expensive dishes containing meat. One way to cut down on the cost of the party is to substitute hearty vegetarian dishes in place of the more expensive meat dishes. If well prepared, most guests will not even miss the presence of the meat.

Still another reason a host might decide to throw a vegetarian New Years Eve party is the exclusion of meat may fit in well with the theme of the party. With a number of diets currently popular, a host may opt to throw a party based on the principles of a particular diet such as the raw diet which focuses on consuming uncooked foods such as fruits, vegetables, grains and nuts.

Regardless of the reason for throwing a vegetarian New Years Eve party, the guest does have to do a certain amount of planning and preparation to ensure the event is completely vegetarian. One way to do this is to consult vegetarian cookbooks to search for recipes which will make a good addition to the party menu. When selecting these recipes, it is important to follow each recipe carefully and not make any substitutions. This is important because items you may substitute into the recipes may contain animal products. Making these substitutions will result in your dishes not being completely vegetarian.

Alternately another way to provide a vegetarian menu is to make the event a potluck. This is especially a good idea if the majority of the guests are also vegetarians because they likely already have a number of vegetarian recipes to share. However, if most of the guests are not vegetarians, they may have

difficulty deciding what to bring and may also inadvertently include ingredients with animal products in the food.

Another important thing to keep in mind when planning a vegetarian New Years Eve party is that it is important to make sure the guests are aware of your intentions. This is especially important if the event is going to be a potluck. However, it is also courtesy even if you will be preparing all of the food so the guests know what to expect when they attend the party.

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Word count 584