

## Where to Find Anger Management Support Groups in Connecticut

Anger management is a concern all over the world. Most areas have support groups and outreach programs for people who struggle with anger issues. Realizing how many problems anger can cause, abuse, violence and recklessness being a few, organizations and government programs are designing anger management programs to help rectify the problem.

Connecticut provides many programs for those dealing with anger problems, individually or in a family setting. Finding anger management support groups in Connecticut shouldn't be too difficult since this area has many terrific programs designed to help people of all ages with anger management issues. The Child & Family Agency of Southeastern Connecticut has a website on the Internet which provides plenty of information about anger management programs such as support groups. A quick search for their site through a search engine such as Google or Yahoo would produce valuable details for an individual coping with anger problems.

Connecticut appears to have a big concern for youth in the area with anger issues. There are many anger management support groups in Connecticut for young people in the form of camps and special schools. These support groups are broken down into different groups. Some of these programs are for boys and girls, for boys only, for girls only and of course different age groups. One such anger management support group in Connecticut is Bonneville Canyon Retreat. This program is designed for young males aged eighteen years of age and over. This anger management program offers an environment which is supervised as well as controlled. Bonneville Canyon Retreat provides counseling and teaches positive reinforcement, independent living and goal setting. It also prepares young males for the work through schooling and teaching them job skills. This retreat has been in place for quite some time and has been successful in the treatment of behavioral and psychological issues, as well as social problems.

Another great form of anger management support group in Connecticut is the Falcon Ridge Ranch. Located at Virgin, Utah, this program is a treatment facility for adolescent females, ages twelve to seventeen. This program provides supervision of the girls twenty-four hours a day, seven days a week. This program is designed to help these young females with behavioral and emotional problems. If looking for information on Falcon Ridge Ranch, the Internet provides plenty of detailed information regarding the program and location.

These are just two anger management support groups in Connecticut for young people. There are many others such as Buxmont Academy for youth, ages 12-18, Cedar Breaks Academy for girls, ages 12-17, Colt Schools for boys and girls,

ages 12-18, Eagle Valley Ranch for girls, ages 12-17, Future Men for your men, ages 16-19, Meadowlark Academy for girls, ages 12-17, Red Rock Canyon School for boys and girls, ages 12 -17 and Tipton Academy for boys ages 12-17. These are all forms of anger management support groups in Connecticut. Some are school, others are camps and retreats but each of them offers anger management support for young boys and girls and young men and women. There is information regarding all of these programs on the Internet. When searching for anger management support groups in Connecticut, the Internet is a great resource.